

## **Clarify what really matters to you:**

### **Clarity will empower and equip you to experience a greater quality of life**

Someone wisely said “The answers are found in the questions” Alone with pen and paper ask yourself quality questions and experience greater clarity in your life.

**Know exactly where you’re at and how to action your life forward.**

- **Clarify and write down WHAT specifically do I want to achieve today and what is important to me.**
- **If I focus on the top 3 things, what will I experience?**
- **What is limiting and holding me back?**
- **What must change NOW?**
- **What will I miss out on if I don’t change and take action?**
- **What has it cost me in the past?**
- **How can I turn this around and experience a greater quality of life?**
- **What will I no longer tolerate in my thoughts, words and actions.....**
- **Instead today I will....**
- **At the completion I will celebrate by.....**

